



Outpatient Surgery/Procedure Instructions

National Institutes of Health
Clinical Center

After your...

Urological surgery: cystoscopy, ureteral stent insertion/removal, bladder biopsy

1. For the next 24 hours, drink a lot of fluid. Drink at least 8 to 12 8-ounce glasses.
2. Expect to urinate more often, to feel burning when you urinate, and to see pink-tinged urine for the next 2 to 3 days.
3. If you have pain, and your doctor prescribed no other pain medication, use Tylenol.

If you have any of these symptoms, contact your urology staff fellow on call through the NIH page operator at 301-496-1211:

- ▶ Fever
- ▶ Chills
- ▶ Foul-smelling urine
- ▶ Bright red blood or blood clots in urine or stool
- ▶ Severe abdominal pain
- ▶ Inability to urinate with or without your bladder being full
- ▶ Your lower abdomen feels firm over your bladder area. You might or might not feel pain.

If cannot urinate, and/or you have a lot of bleeding, and you are unable to contact a doctor at NIH, go to the nearest hospital emergency room.

Questions or problems?

Call the NIH page operator and ask for the urology staff fellow on call: 301-496-1211.

This information is prepared specifically for persons taking part in clinical research at the National Institutes of Health Clinical Center and may not apply to patients elsewhere. If you have questions about the information presented here, talk to a member of your health care team.

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7/11

