



# Fatty Liver?

*Research  
studies seeking  
volunteers...*

Non-alcoholic fatty liver disease (NAFLD) is closely linked to health problems like obesity and diabetes. Researchers at the National Institutes of Health (NIH) want to learn more about the causes of NAFLD. We suspect that people with fatty liver process food differently than people without fatty liver. If you are an adult with NAFLD or non-alcoholic steatohepatitis (NASH) or your doctor suspects you have one of these conditions, you may be interested in participating in one of our studies.

**“Breath test to measure food breakdown in NAFLD”  
(NIH Study #15-DK-0080)**

- You must be 21 or older.
- During a 6.5-hour outpatient visit, you will drink a liquid meal. The air you breathe out will be collected and analyzed.
- You will have a repeat breath test within 4 weeks of the initial test.
- Compensation is provided.

**Location:** The NIH Clinical Center, *America’s Research Hospital* is located on the Metro red line (Medical Center stop) in Bethesda, Maryland.

**“Food processing in people with NAFLD”  
(NIH Study #15-DK-0174)**

- You must be 18 or older.
- You will have a screening visit with medical history, physical exam, fasting blood work, and abdominal ultrasound.
- You will spend 2 nights at the NIH Clinical Center.
- During your stay, you will have liquid and solid meals.
- You will have multiple blood draws, urine collections, and the amount of energy your body uses will be closely monitored.
- You will have a full-body DEXA scan (low-dose x-rays) to measure the amount of fat in your body.
- Compensation is provided.

For more information, please call:

**1-800-411-1222** TTY-1-866-411-1010  
se habla español  
Read more: [ClinicalTrials.gov](http://ClinicalTrials.gov), search by  
study #15-DK-0080 or 15-DK-0174



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