



Healthy 7-11 year olds needed for NIH Research Study

Researchers at the National Institutes of Health (NIH) Clinical Center seek healthy children, 7-11 years old to participate in a study. This study wants to learn how breaking up periods of physical inactivity with short periods of activity improves children's metabolism and attention span. This study may help researchers find new ways to prevent obesity in children.

Our previous research has shown that brief, moderate activity does help with metabolism in children for a short time. More information is needed to see if multiple days of activity have a longer and lasting effect.

Your child may be eligible if he/she is:

- 7-11 years old
- In general good health
- Above average weight

Study information:

- One outpatient screening visit of about 5 hours.
- 6 outpatient visits on consecutive days of about 3 hours each (Monday - Friday, early evening and Saturday morning).
- Children will be performing activities such as sitting and walking.
- Parents/guardians will be informed about possible procedures and must give consent for participation.
- Compensation is provided.

Location: The NIH Clinical Center, America's research hospital is located in Bethesda, Maryland, on the Metro red line (Medical Center stop).

**For more information:
Office of Patient Recruitment
1-800-411-1222**

(TTY: 1-866-411-1010)

Online: <https://go.usa.gov/xRPAg>
refer to study #17-CH-0130



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